



Anthem Workers' Compensation
Regional Directory

In case of an injury or illness on the job, the following participating providers are available in your area.

Created for: TORRANCE-SOUTH BAY YMCA / 570

Occupational Industrial Clinics: CARE ONSITE
20300 S VERMONT AVE
TORRANCE, CA 90502
(562) 437-0831

CONCENTA MEDICAL CENTERS
1149 W 190TH ST
GARDENA, CA 90248
(310) 324-5777

Emergency Room: TORRANCE MEMORIAL MEDICAL CENTER
3330 LOMITA BLVD
TORRANCE, CA 90505
(310) 325-9110

Please call the provider to confirm address information and to schedule an appointment for faster service. Many clinics are open extended hours for your convenience. For urgent care needs after clinics hours, you may proceed directly to the nearest hospital. Patients will be seen on a medical priority basis. If your situation is a medical emergency requiring immediate attention, dial 911 or proceed to the nearest hospital which provides emergency services.