



Anthem Workers' Compensation
Regional Directory

In case of an injury or illness on the job, the following participating providers are available in your area.

Created for: YMCA of Metropolitan Los Angeles –
Wilmington - 562

Occupational Industrial Clinics: US HEALTHWORKS
100 OCEANGATE STE P245
LONG BEACH, CA 90802
(562) 432-2821
Specialty: Occupational Medicine and Urgent Care
3.9 Miles

CAREONSITE MEDICAL
1250 PACIFIC AVE
LONG BEACH, CA 90813
(562) 437-0831
Specialty: Occupational Medicine and Urgent Care
4 Miles

Emergency Room: PROVIDENCE LITTLE COMPANY OF MARY MEDICAL CENTER SAN
PEDRO
1300 W 7TH ST
SAN PEDRO, CA 90732
(310) 832-3311
4.1 Miles

Please call the provider to confirm address information and to schedule an appointment for faster service. Many clinics are open extended hours for your convenience. For urgent care needs after clinics hours, you may proceed directly to the nearest hospital. Patients will be seen on a medical priority basis. If your situation is a medical emergency requiring immediate attention, dial 911 or proceed to the nearest hospital which provides emergency services.