



Anthem Workers' Compensation
Regional Directory

In case of an injury or illness on the job, the following participating providers are available in your area.

Created for: YMCA of Metropolitan Los Angeles –
Torrance South Bay - 570

Occupational Industrial Clinics: WESTERN MEDICAL GROUP
21081 S WESTERN AVE STE 150
TORRANCE, CA 90501
(310) 782-3333
Specialty: Occupational Medicine and Urgent Care
1.9 Miles

US HEALTHWORKS
1149 W 190TH ST
GARDENA, CA 90248
(310) 324-5777
Specialty: Occupational Medicine and Urgent Care
3.4 Miles

Emergency Room: TORRANCE MEMORIAL MEDICAL CENTER
3330 LOMITA BLVD
TORRANCE, CA 90505
(310) 325-9110
0.8 Miles

Please call the provider to confirm address information and to schedule an appointment for faster service. Many clinics are open extended hours for your convenience. For urgent care needs after clinics hours, you may proceed directly to the nearest hospital. Patients will be seen on a medical priority basis. If your situation is a medical emergency requiring immediate attention, dial 911 or proceed to the nearest hospital which provides emergency services.