



Anthem Workers' Compensation  
Regional Directory

**In case of an injury or illness on the job, the following participating providers are available in your area.**

Created for: YMCA of Metropolitan Los Angeles –  
Gardena-Carson - 760

Occupational Industrial Clinics: KAISER PERMANENTE ON-THE-JOB  
18600 S. FIGUEROA STREET SUITE 120  
GARDENA, CA 90248  
**Specialty: Occupational Medicine and Urgent Care**  
**1 Mile**

US HEALTHWORKS MEDICAL GROUP  
1149 W 190TH ST  
GARDENA, CA 90248  
(310) 324-5777  
**Specialty: Occupational Medicine and Urgent Care**  
**1 Mile**

Emergency Room: MEMORIAL HOSPITAL OF GARDENA  
1145 W REDONDO BEACH BLVD  
GARDENA, CA 90247  
(310) 532-4200  
**1.5 Miles**

Please call the provider to confirm address information and to schedule an appointment for faster service. Many clinics are open extended hours for your convenience. For urgent care needs after clinics hours, you may proceed directly to the nearest hospital. Patients will be seen on a medical priority basis. If your situation is a medical emergency requiring immediate attention, dial 911 or proceed to the nearest hospital which provides emergency services.